

## ABSTRAK

**Sanjani Harefa, Nim 160519008, “Aktifitas Outbound Terhadap Peningkatan Kemampuan Sosial Anak Usia Dini”. Skripsi, Program Studi Pendidikan Guru Anak Usia Dini, Falkutas Ilmu Pendidikan, Universitas Sari Mutiara Indonesia.**

Tujuan penelitian ini adalah mengetahui apakah kemampuan sosial anak usia dini mengalami peningkatan melalui aktifitas *outbound*. Penelitian ini menggunakan (*Library Research*) atau Kajian Literatur yang hasil penelitian diperoleh dari beberapa penelitian terdahulu. Data penelitian ini menggunakan data sekunder, teknik analisis data penelitian ini menggunakan teknik analisa data model Miles and Huberman, adapun teknik pengumpulan data tersebut yaitu data reduction, data display, dan conclusion drawing/verification. Hasil penelitian Kajian Literatur ini dari beberapa hasil penelitian yang telah dilakukan menunjukkan bahwa aktifitas *outbound* dapat meningkatkan dan mempengaruhi kemampuan sosial anak usia dini. Peneliti menyimpulkan dari penelitian terdahulu dalam melakukan aktifitas *outbound* ditetapkan aturan dan cara bermain agar tercapainya tujuan *outbound* yang diselenggarakan dengan baik, melalui aktifitas *outbound* anak-anak mampu berkomunikasi dengan baik, simpati, empati, mampu bergaul dan mampu memahami perasaan teman sebayanya. Agar meningkatnya kemampuan sosial anak usia dini melalui aktifitas *outbound* dilakukan susunan kegiatan atau rancangan kegiatan dalam melakukan aktifitas *outbound* seperti kegiatan pembuka, kegiatan inti, kegiatan penutup, dan evaluasi.

**Kata kunci : Kemampuan Sosial, Aktivitas *Outbound***

## **ABSTRACT**

***Sanjani Harefa, Nim 160519008, Activity Outbound Towards Increase Early Social Skills For Children, Scripsi, Early Age Education Studies Programs, Education Programs, University Sari Mutiara Indonesian.***

*The purpose of this study is to determine whether early childhood social skills have increased through outbound activities. The type of the Library Research or Literature Study that studies have obtained from earlier studies. The research data uses secondary data. The research data analysis techniques using the Miles and Huberman theory which consisting of three steps they are the data reduction, data displays, and drawing the conclusion. The results of this study show that outbound activity increasing the children's social skill. increased activity and activity are affecting children's social skills. Researches conclude from previous studies of running outbound activities set forth rules and plays in order to achieve the outbound goals properly. Through outbound activities children are able to communicate well, they are sympathetic, they are able to socialize and they are able to understand the feelings of their friends. In order to increase their social skills through outbound activities by an activity of activities or activities in outbound activities such as opening activities, core activities, forehead activities, evaluation*

***Key Words: Social Capabilities, Outbound Activities***

